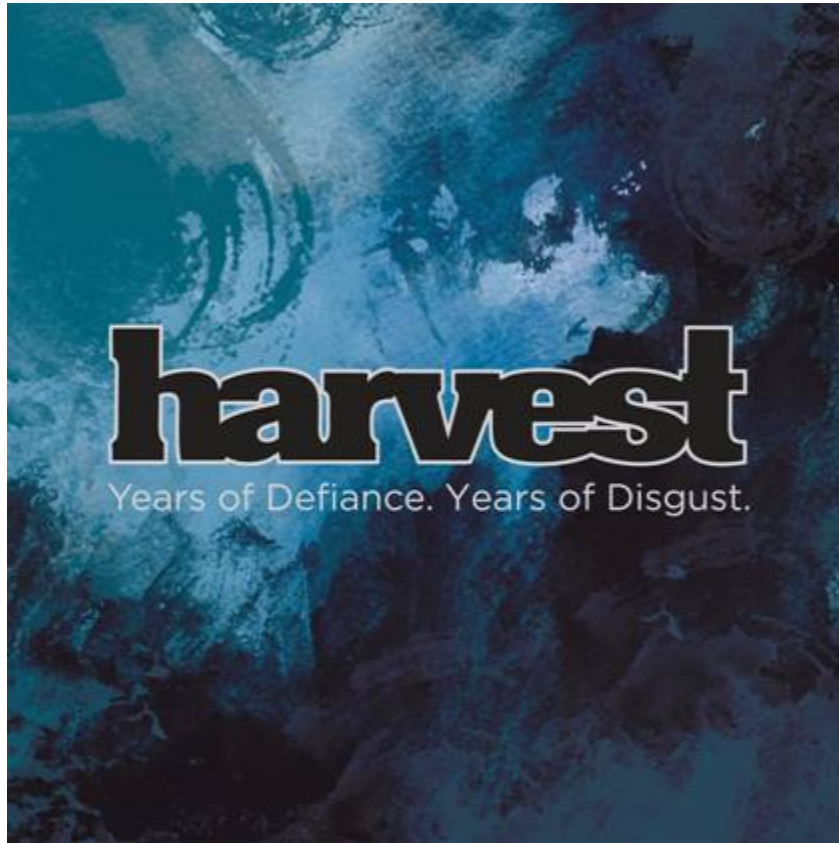


For Immediate Release
July 13th, 2011

HARVEST and Lambgoat.com Unveil New Track Cut from ‘Years of Defiance. Years of Disgust.’, Entitled ‘Death Is Not Enough’



New Vinyl 7-Inch, ‘Years of Defiance. Years of Disgust.’, Hits Stores on August 2nd, 2011 – Pre-Order Available Now!

Metalcore pioneers **HARVEST** and Lambgoat.com are pleased to unveil a new track cut from the band’s upcoming 7 inch, *Years of Defiance. Years of Disgust.* The track, entitled ‘Death Is Not Enough’, can be heard at [this link](#). Make sure to catch **HARVEST** at several upcoming tour dates in Minnesota, New York, California and more, all listed below.

Originally formed in 1994, the band is back in action, set to re-introduce the core elements of the genre to the massive sea of fans led astray by today’s pale imitations. With a new vinyl 7 inch being released physically and digitally with GOOD FIGHT MUSIC on August 2nd, 2011 entitled, *Years of Defiance. Years of Disgust.*, the band strives to prove what Alternative Press Magazine states: “*HARVEST* were one of the last legitimate metalcore bands to form before the scene got watered down and predictable.”

Years of Defiance. Years of Disgust. will feature two new songs, as well as the last unreleased track written in 1999 ('Torture Inhibition') and a new version of a song that was originally released on a CD compilation and *Transitions* ('Soul Burn'). A special digital version of the EP will include a new version of the song 'Conditioned' as a bonus track only available through iTunes. *Years of Defiance. Years of Disgust.* will be offered in two different limited color pressings, white and clear. Fans can pre-order the record now at [this link](#).

Tracklisting:

Years of Defiance

1. Our Legacy
2. Death is Not Enough

Years of Disgust

1. Torture Inhibition
2. Soul Burn

Determined to create intense music regardless of geographic distance, *Years of Defiance. Years of Disgust.* was written and recorded in three different cities; Minneapolis, Toronto, and Sao Paulo, Brazil. Mixed by Jay Maas (Getaway Recording/Defeater) and Dan Zimmerman and mastered by Alan Douches of West West Side Mastering, *Years of Defiance. Years of Disgust.* promises to be the record that **HARVEST** fans have been craving for over ten years.

TOUR DATES:

7/16 Minneapolis, MN @ Triple Rock Social Club w/ **Disembodied** (final show)
7/17 Arlington Heights, IL @ Knights of Columbus
7/18 Detroit, MI @ The Shelter
7/19 Syracuse, NY @ Lost Horizon w/ **Freya**
7/20 New York City, NY @ Webster Studio w/ **Burnt By The Sun** (final show),
SkyCameFalling & Torchebearer – presented by 1000KNIVES
7/21 Revere, MA @ Wonderland Ballroom w/ **Death Ray Vision**
7/22 San Diego, CA @ Che Café w/ **Over My Dead Body**
7/23 Santa Barbara, CA @ Sound and Fury Fest

HARVEST is:

Dave Walker - vocals
Dan Zimmerman - guitar
Adam Patterson - drums
Jon Mcaab - bass
Mike Duffy - guitar

For more information on **HARVEST** and upcoming events, please visit:

<http://www.facebook.com/harvesthc>
<http://www.twitter.com/harvesthardcore>
<http://www.harvesthc.com>

For press inquiries and additional information, please contact Adrenaline PR and Maria Ferrero at 732-462-4262 or maria@adrenalinepr.com.

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