

For Immediate Release
October 13th, 2011

**Vote for SPINESHANK to Win Today's "Cage Match" at
Loudwire.com – Voting Ends Tomorrow at 8am ET**

Grammy-nominated alternative metal band **SPINESHANK** is currently taking part in the "Cage Match" at Loudwire.com! The band is currently in the match against the band **Another Animal**. Make sure to vote for **SPINESHANK** to advance to the next round. You can vote here now: <http://loudwire.com/another-animal-vs-spineshank-cage-match/>. Make sure to vote soon! Voting ends tomorrow at 8am ET.

SPINESHANK and AOL's Noisecreep.com recently unveiled a [brand new track](#) cut from the band's upcoming album, *Anger Denial Acceptance*, entitled 'Murder Suicide'. Head to Noisecreep.com now to hear the track, and stay tuned for more track debuts coming soon.

Known for selling hundreds of thousands of records internationally and touring with **Slipknot**, **System of a Down**, **Sepultura**, **Disturbed** and more, **SPINESHANK** is set to release their upcoming album, *Anger Denial Acceptance* next year, but are first looking for a new record label to call home. The record will be the fourth album from the Los Angeles natives, and is a testament to the hard work ethic that the band has been known for since the inception of **SPINESHANK** in the late 1990's.

After releasing three successful albums (*Strictly Diesel*, *The Height Of Callousness*, and *Self-Destructive Pattern*), performing on countless world tours (including appearances on Ozzfest and the Download Festival), and a Grammy nomination in 2004, the band went on a hiatus. Currently re-grouped, the band is ready to kick their new music into high gear in 2012. Produced by Mike Sarkisyan and Tommy Decker and mixed by Mike Plotnikoff (**Papa Roach**, **Buckcherry**), *Anger Denial Acceptance* promises to surpass everyone's expectation of what **SPINESHANK** is capable of.

SPINESHANK headline tour dates:

10/13 Dallas, TX @ Trees
10/14 Oklahoma City, OK @ Big Papa's Poor House
10/15 San Antonio, TX @ Bonds 007
10/18 Albuquerque, NM @ The Amped
10/19 Phoenix, AZ @ Clubhouse
10/20 Rancho, CA @ McAlans Pub
10/21 San Diego, CA @ Ruby Room
10/22 Fresno, CA @ Woodward Park
10/25 Los Angeles, CA @ Whisky a Go Go

For more information on SPINESHANK, please visit:

www.facebook.com/spinshank
www.myspace.com/spinshank
www.reverbnation.com/spinshank

SPINESHANK is:

Mike Sarkisyan - guitar
Tommy Decker - drums
Jonny Santos - vocals
Rob Garcia – bass

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